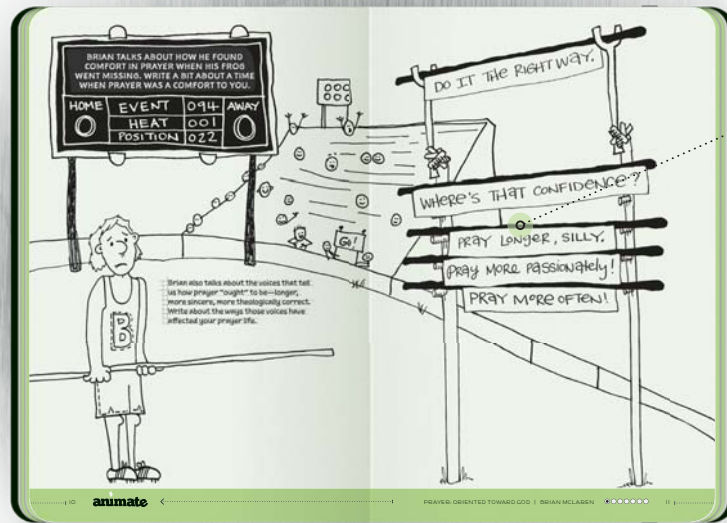




THIS SESSION CAN EASILY BECOME A FAIRLY SUPERFICIAL CONVERSATION SINCE IT'S THE FIRST ONE. ENCOURAGE YOUR GROUP TO BE OPEN AND HONEST ABOUT THEIR PRAYER EXPERIENCES BY SHARING A BIT OF YOUR OWN STRUGGLES OR QUESTIONS ABOUT PRAYER.



Ask participants to add their own barriers to prayer on the high jump bar. Then, in groups of three or four, share these barriers.

Talk as a group about the way prayer happens in your community. What seems meaningful to people? What would they change?



WE OFTEN HEAR PEOPLE say they will pray for someone in a difficult situation or know of friends who ask for prayer when they are struggling. What is it about prayer that makes it seem comforting?



IF YOU SAY YOU'LL PRAY FOR SOMEONE, DO YOU?